

CORE SKILLS IN MSK 2019

Core Skills in Musculoskeletal Care Workshop Agenda

Time	Topic
08:45–09:15	Registration
09:15–10:00	Osteoarthritis and history taking: An introduction to core skills
10:00–11:45	Workshop 1: Lower back pain and sciatica <ul style="list-style-type: none">• NICE guidelines• The diagnostic triage• Taking a targeted history• Examination• Management of common scenarios• Communication skills and tips
11:45–12:00	Break
12:00–12:45	MSK bitesize: An overview of musculoskeletal conditions
12:45–13:30	Lunch and networking
13:30–15:00	Workshop 2: Upper limb pain including neck (with emphasis on shoulder) <ul style="list-style-type: none">• History taking• Examination• Management of common scenarios• Communication skills and tips
15:00–15:15	Break
15:15–16:45	Workshop 3: Lower limb pain and OA (with emphasis on knee) <ul style="list-style-type: none">• NICE OA guidelines and implementation tools (JIGSAW)• History taking• Examination• Management of common scenarios• Communication skills and tips
16:45–17:00	Key concept review